

Name: _____ Date: _____

Welcome to our office! Please complete following form. This valuable tool will enable our team to learn how to most effectively communicate with and assist you in reaching your goals of recapturing your health or increasing your performance in all aspects of your life.

Instructions: Notice each box and each group of words below. For each group, ask yourself which words are MOST like you. DO NOT choose what you want to be or what others think you are, but what you actually are in real life. Please select ONLY ONE "M" per box.

Example:

<input checked="" type="checkbox"/> Kind, Nice, Caring <input type="checkbox"/> Proper, Formal <input type="checkbox"/> Demanding, Assertive <input type="checkbox"/> Outgoing, Active

<input type="checkbox"/> Outgoing, Active <input type="checkbox"/> Firm, Strong <input type="checkbox"/> Law-abiding, Conscientious <input type="checkbox"/> Gentle, Soft, Humble	<input type="checkbox"/> Content, Satisfied <input type="checkbox"/> Compliant, Goes by book <input type="checkbox"/> Brave, Adventurous <input type="checkbox"/> Enthusiastic, Influencing	<input type="checkbox"/> Controlling, Taking Charge <input type="checkbox"/> Merciful, Sensitive <input type="checkbox"/> Pondering, Wondering <input type="checkbox"/> Persuading, Convincing
<input type="checkbox"/> Conservative, Inflexible <input type="checkbox"/> Delightful, Pleasant <input type="checkbox"/> Peaceful, Calm <input type="checkbox"/> Convinced, Cocky	<input type="checkbox"/> Determined, Optimistic <input type="checkbox"/> Entertaining, Clowning <input type="checkbox"/> Shy, Mild <input type="checkbox"/> Competent, Does Right	<input type="checkbox"/> Timid, Soft Spoken <input type="checkbox"/> Systematic, Follows Plan <input type="checkbox"/> Industrious, Hard working <input type="checkbox"/> Smiling, Happy
<input type="checkbox"/> Decisive, Sure, Certain <input type="checkbox"/> Friendly, Cordial, Popular <input type="checkbox"/> Careful, Cautious <input type="checkbox"/> Obedient, Submissive	<input type="checkbox"/> Contemplative, Thinker <input type="checkbox"/> Diplomatic, Peacemaking <input type="checkbox"/> Admirable, Elegant <input type="checkbox"/> Winner, Competitive	<input type="checkbox"/> Outspoken, Opinionated <input type="checkbox"/> Inducing, Charming <input type="checkbox"/> Inventive, Imaginative <input type="checkbox"/> Hospitable, Enjoys Company
<input type="checkbox"/> Considerate, Thoughtful <input type="checkbox"/> Forceful, Strong-willed <input type="checkbox"/> Hyper, Energetic <input type="checkbox"/> Perfectionist, Precise	<input type="checkbox"/> Steady, Dependable <input type="checkbox"/> Talkative, Verbal <input type="checkbox"/> Challenging, Motivating <input type="checkbox"/> Accurate, Exact	<input type="checkbox"/> Zealous, Eager <input type="checkbox"/> Quiet, Reserved <input type="checkbox"/> Organized, Orderly <input type="checkbox"/> Exciting, Spirited
<input type="checkbox"/> Will do without, self-controlled <input type="checkbox"/> Will buy on impulse <input type="checkbox"/> Will wait, no pressure <input type="checkbox"/> Will spend what I want	<input type="checkbox"/> Cool and collected <input type="checkbox"/> Happy, Carefree <input type="checkbox"/> Pleasing, Kind <input type="checkbox"/> Bold, Daring	<input type="checkbox"/> Rules need to be challenged <input type="checkbox"/> Rules make it fair <input type="checkbox"/> Rules make is safe <input type="checkbox"/> Rules make it boring
<input type="checkbox"/> Want New Opportunities <input type="checkbox"/> Want More Authority <input type="checkbox"/> Want Safety and Security <input type="checkbox"/> Want Clear Directions	<input type="checkbox"/> A Good listener <input type="checkbox"/> A Good analyzer <input type="checkbox"/> A Good encourager <input type="checkbox"/> A Good delegator	<input type="checkbox"/> Please others, Team Player <input type="checkbox"/> Animated, Laugh out Loud <input type="checkbox"/> Courageous, Bold <input type="checkbox"/> Correct, Exact

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